

*Serving you the best from Nature's Table*

**Supplement Facts:**

Serving Size: 1 capsule

Serving per container: 90

Amount per serving: 500 mg

Proprietary Blend

Asparagus racemosus\*

Bacopa monnieri\*

Boswellia serrata\*

Cinnamomum zeylanicum\*

Mucuna pruriens\*

Ocimum sanctum\*

Pushyanug\*

Saraca asoca\*

Terminalia arjuna\*

Turnera diffusa\*

Vitex negundo\*

Vitis vinifera\*

Withania somnifera\*

\*MDA not established

Other ingredients:

Hydroxypropylmethyl – cellulose or Pine or

Poplar capsule

**DIRECTIONS:** Begin by taking one capsule daily for three days. Thereafter take up to three or more capsules daily as desired to support more youthful vitality. Not to exceed six capsules in a 24 hour period. This product is for females over the age of 18. For best results follow a low carbohydrate lifestyle.

These statements have not been evaluated by the FDA. This product is not intended to cure, treat, or prevent any disease.



# SuperSMARTFoods™

Brought to you by directionH

[www.SuperSmartFoods.com](http://www.SuperSmartFoods.com)

Brought to you by directionH

A Private Membership Association

305 NE 6th St #627 Grants Pass, OR 97526

EXP 06/18